Welcome to BRUIN WOODS FAMILY RESORT at Lake Arrowhead!

Summer 2017 Program Guide

UCLA BRUINS
BRUIN WOODS
Family Resort at Lake Arrowhead
WELCOME TO BRUIN WOODS 2017!

We are truly delighted to have you and your family join us this week for some good ol’ Blue & Gold fun! Here at Bruin Woods, you will make new friends, reconnect with past pals, and feel closer to the spirit of UCLA than ever before. We hope that this week is one of the best vacations you and your family will ever have. The Bruin Woods team is happy to do whatever it takes to help accomplish that goal!

In this Program Guide, you will find...

- INFORMATION ON HOW TO SIGN UP FOR ACTIVITIES
- ACTIVITY DESCRIPTIONS (alphabetical order)
- AN EXPLANATION OF AGE GROUPINGS (Kids’ Groups)
- IMPORTANT GUEST INFORMATION – Including policies and property regulations
- DAILY PLANNER - Keep track of the many events you may wish to participate in throughout the week
HOW TO SIGN UP FOR ACTIVITIES

Upon arrival, your family will receive lottery forms for fishing, kayaking, pontoon cruises, and waterskiing. **After filling out your forms, please turn them in to the Front Desk and draw a number before the 6:00 p.m. Saturday deadline.**

These and all other activities for the upcoming week will be further explained at **Saturday evening’s Adult Orientation.** Sign-up sheets for all other activities will be posted and available for sign-ups at the end of the orientation.

Following activity sign-ups, sheets for charged activities will be moved to the Front Desk (fishing, waterskiing, mountain biking, triathlon, and kayaking). We suggest paying for all activities early in the week to avoid missing the deadline and losing your spot. There are NO refunds within 12 hours of the activity. Arts & Crafts sign-ups will be moved to the Arts & Crafts House Sunday morning.

All other sign-up sheets will stay in the Pineview Room in the Main Lodge.

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**Sign-Up Rules:**

- Sign-ups are open only **after** the Orientation meeting – Do NOT line up during the meeting
- Sign **only** your name and those of your immediate family
- Sign **only** one name on each line
- For sign-up activities that require payment, you must confirm your spot by paying **before noon on the day prior to your activity at the Front Desk**; otherwise your spot will be made available to others.
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### ACTIVITY & FACILITY DESCRIPTIONS

#### A-CAPPELLA WORKSHOP

This year we are lucky to have a number of students that are in a-cappella groups at UCLA. Join these talented students and learn the ins and outs of a-cappella music. We will select a song that will demonstrate the intricacies of singing harmonies as well as various other a-cappella techniques. By the end of this workshop we will have you singing alongside us and performing for other guests!

#### ACTIVITY AGE LIMITS

Below is a list of age limits on certain activities. These limits are in place to ensure safety and age appropriateness in each area.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Age Limit</th>
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<tbody>
<tr>
<td>Archery</td>
<td>7 and up</td>
</tr>
<tr>
<td>Art and Wine Night</td>
<td>21 and up</td>
</tr>
<tr>
<td>Backcountry Trail Run</td>
<td>18 and up</td>
</tr>
<tr>
<td>Climbing Tower</td>
<td>Kodiaks and older (must fit in a harness)</td>
</tr>
<tr>
<td>Fishing</td>
<td>Bruins and up; Bruins-Polars must be with parent or guardian</td>
</tr>
<tr>
<td>Jacuzzi</td>
<td>Teen group and up</td>
</tr>
<tr>
<td>Jam Room</td>
<td>Teen group and up</td>
</tr>
<tr>
<td>Kayak Tours</td>
<td>12 and up; minors must be with parent or guardian</td>
</tr>
<tr>
<td>Knee Boarding</td>
<td>Bruins and up</td>
</tr>
<tr>
<td>Mountain Biking</td>
<td>18 and up</td>
</tr>
<tr>
<td>Pacific Crest Hike</td>
<td>12 and up</td>
</tr>
<tr>
<td>Paddle boarding</td>
<td>12 and up; minors must be with parent or guardian</td>
</tr>
<tr>
<td>Pinnacles Hike</td>
<td>18 and up</td>
</tr>
<tr>
<td>Run/Walk Around the Lake</td>
<td>18 and up</td>
</tr>
<tr>
<td>Self-Led Morning Jog Group</td>
<td>18 and up</td>
</tr>
<tr>
<td>Sloth Bear Program</td>
<td>Out of high school, up to 20 years old</td>
</tr>
<tr>
<td>Triathlon</td>
<td>18 and up</td>
</tr>
<tr>
<td>Wakeboarding</td>
<td>Polars and up (must have prior experience)</td>
</tr>
<tr>
<td>Walk to Village</td>
<td>18 and up</td>
</tr>
<tr>
<td>Waterskiing</td>
<td>Polars and up (must have prior experience)</td>
</tr>
<tr>
<td>Wine Tasting</td>
<td>21 and up</td>
</tr>
<tr>
<td>Giants Ladder/3 Element Challenge</td>
<td>Grizzlies and up</td>
</tr>
</tbody>
</table>
ADULT DANCE (PROM)

Join us in Iris on Friday night for the Adult “Prom”. Relive the high school glory days and show em’ what you got on the dance floor. Be ready to let it loose “Bruin Woods” style!

ADULT GROUP TIME

Come and experience a day in the life of your little campers! Hannah & Jake will be your adult counselors facilitating amazing games and activities. Parents, don’t miss out on this fun opportunity to be a kid again! Meet at the flagpole on Sunday.

ADULT LUNCH – MARGARITAVILLE!

On Wednesday, all kids’ program groups will be in group from breakfast to dinner. Meanwhile, POOLSIDE, get set for a Margaritaville lunch; a themed experience with our wonderful executive chef who will prepare a delicious lunch tailored to adult tastes. Also, you’ll be able to enjoy live entertainment from our steel drummer!

**Please note: For parents electing to keep their children with them during the Adult Lunch, please be advised that you are in an adult environment with adult beverages.**

AQUA FITNESS

Aqua fitness classes are offered at the pool Sunday-Friday from 11:30 a.m. - 12:15 p.m. Use our water weights to pump up the fitness even more. This is the perfect way to tan while you tone! Enjoyable for men and women!

ARCHERY

Our archery range is located past the softball field. Bows and arrows for kids & adults are ready for your use, along with expert help from our Outdoor Activity Rovers Scott, Stefan, and Wes. Archery is a great parent/child activity (7 years old and up).

Children will also go to the archery range during the week with their groups, but are welcome to visit more often if they would like. Excellent archers may qualify for a lifetime membership into the Master Archer Club by shooting three bull’s-eyes in a row from the farthest line (35 feet). Check your charts for open shoot times and our archery tournament on Thursday!
## ARTS & CRAFTS CLASSES

<table>
<thead>
<tr>
<th>CLASS DESCRIPTION</th>
<th># PER CLASS &amp; AGE REQUIREMENT</th>
<th>DAY/TIME</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BATH BOMBS</strong></td>
<td>No limit on class size 10 years &amp; up</td>
<td>Sunday: 9:30am -11:30am</td>
<td>$25</td>
</tr>
<tr>
<td>Learn to make three bath bombs of various colors and fragrances. Makes a great gift.</td>
<td></td>
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</tr>
<tr>
<td><strong>ADULT WHEEL</strong></td>
<td>12 people per class Adults Only</td>
<td>Sunday: 2:00pm -4:00pm</td>
<td>$35</td>
</tr>
<tr>
<td>Learn how to throw a pot on the potter’s wheel.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>DREAMCATCHERS</strong></td>
<td>12 people per class 10 years &amp; up</td>
<td>Sunday: 4:00pm -5:00pm</td>
<td>$25</td>
</tr>
<tr>
<td>Learn step-by-step techniques on how to make a beautiful dream catcher.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>ART &amp; WINE NIGHT</strong></td>
<td>18 people per class Adults Only (21 &amp; over)</td>
<td>Sunday 7:00pm -8:30pm</td>
<td>$35</td>
</tr>
<tr>
<td>Make a beautiful oil painting while relaxing with a glass of wine.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td><strong>DICHROIC JEWELRY</strong></td>
<td>12 people per class 12 years &amp; up</td>
<td>Monday: 9:30am-11:30am</td>
<td>$55</td>
</tr>
<tr>
<td>Create beautiful pieces with this unique glass fusing technique.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>ADULT WHEEL</strong></td>
<td>12 people per class Adults Only</td>
<td>Monday: 9:30am -11:30am</td>
<td>$35</td>
</tr>
<tr>
<td>Learn how to throw a pot on the potter’s wheel.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>YOUTH HAND BUILDING</strong></td>
<td>12 people per class 12 years &amp; up</td>
<td>Monday: 1:30pm – 3:00pm</td>
<td>$35</td>
</tr>
<tr>
<td>Learn how to build sculpture from slabs, pinching and molding the clay.</td>
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<td></td>
<td></td>
</tr>
<tr>
<td><strong>GLASS ETCHING</strong></td>
<td>12 people per class 12 years &amp; up</td>
<td>Monday: 2:00pm – 3:00pm</td>
<td>$20</td>
</tr>
<tr>
<td>Learn various techniques to achieve an etched surface in glass.</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td><strong>MACRAMÉ PLANT HANGERS</strong></td>
<td>12 people per class 12 years &amp; up</td>
<td>Monday: 3:30pm-4:45pm</td>
<td>$40</td>
</tr>
<tr>
<td>Learn the proper techniques to achieve a beautiful handmade plant hanger.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>ADVANCED ADULT WHEEL</strong></td>
<td>12 people per class Adults Only</td>
<td>Monday: 3:00pm-5:00pm</td>
<td>$35</td>
</tr>
<tr>
<td>Have experience throwing a pot? This is a fun opportunity to hone your skills!</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Activity</td>
<td>Participants</td>
<td>Time</td>
<td>Cost</td>
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<tr>
<td>----------------------------------</td>
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</tr>
<tr>
<td><strong>COPPER STYLING JEWELRY</strong></td>
<td>12 people</td>
<td>Tuesday: 9:30am – 11:30am</td>
<td>$45</td>
</tr>
<tr>
<td>Learn specific techniques to create beautiful pieces with copper.</td>
<td>per class</td>
<td>12 years &amp; up</td>
<td></td>
</tr>
<tr>
<td><strong>TERRARIUM MAKING</strong></td>
<td>10 people</td>
<td>Tuesday: 10:30am – 11:30am</td>
<td>$45</td>
</tr>
<tr>
<td>Make a miniature enclosed, indoor garden so that you can see your collection of plants</td>
<td>per class</td>
<td>12 years &amp; up</td>
<td></td>
</tr>
<tr>
<td><strong>CLAY SLAB BUILDING</strong></td>
<td>15 people</td>
<td>Tuesday: 2:00pm – 4:00pm</td>
<td>$35</td>
</tr>
<tr>
<td>Learn how to build sculpture from slabs, pinching and molding the clay.</td>
<td>per class</td>
<td>12 years &amp; up</td>
<td></td>
</tr>
<tr>
<td><strong>MIXED MEDIA PAINTING</strong></td>
<td>12 people</td>
<td>Tuesday: 2:00pm – 4:00pm</td>
<td>$35</td>
</tr>
<tr>
<td>Learn step-by-step visual art that combines various traditionally distinct visual art media.</td>
<td>per class</td>
<td>12 years &amp; up</td>
<td></td>
</tr>
<tr>
<td><strong>BASSWOOD COUNTRY ROUND WOOD BURNING</strong></td>
<td>12 people</td>
<td>Wednesday: 9:30am – 11:30am</td>
<td>$20</td>
</tr>
<tr>
<td>Use a wood burner to create a mountain landscape on a basswood country round.</td>
<td>per class</td>
<td>12 years &amp; up</td>
<td></td>
</tr>
<tr>
<td><strong>SUN HAT PAINTING</strong></td>
<td>No limit</td>
<td>Wednesday: 9:30am – 11:30am</td>
<td>$25</td>
</tr>
<tr>
<td>Make a painting design on a sun hat and personalize it with your favorite colors.</td>
<td>on class size</td>
<td>All ages</td>
<td></td>
</tr>
<tr>
<td><strong>AGATE STONE PAINTING</strong></td>
<td>12 people</td>
<td>Wednesday: 2:00pm – 4:00pm</td>
<td>$15</td>
</tr>
<tr>
<td>Make a painting on a beautiful slice of agate stone</td>
<td>per class</td>
<td>12 years &amp; up</td>
<td></td>
</tr>
<tr>
<td><strong>COCONUT OIL LIP BALM</strong></td>
<td>12 people</td>
<td>Wednesday: 3:45pm – 5:30pm</td>
<td>$15</td>
</tr>
<tr>
<td>Melt beeswax, shea butter and coconut oil to create the perfect lip balm.</td>
<td>per class</td>
<td>12 years &amp; up</td>
<td></td>
</tr>
<tr>
<td><strong>GNOME HOME FANTASY CRAFT</strong></td>
<td>12 people</td>
<td>Thursday: 9:30am – 11:30am</td>
<td>$35</td>
</tr>
<tr>
<td>Join Ruth Woods for a step-by-step guided class to create a beautiful gnome home.</td>
<td>per class</td>
<td>12 years &amp; up or all ages if with a parent</td>
<td></td>
</tr>
<tr>
<td><strong>FAMILY STEPPING STONES</strong></td>
<td>12 people</td>
<td>Thursday: 2:00pm – 3:30pm</td>
<td>$30</td>
</tr>
<tr>
<td>Create mosaic artwork on quick dry cement with the whole family.</td>
<td>per class</td>
<td>12 years &amp; up or all ages if with a parent</td>
<td></td>
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</table>
RAKU
The traditional firing of Raku pottery focuses on technique and yields varied results.

No limit on class size
Grizzlies & up

Thursday: 7:00pm - 9:30pm

Prices vary

WATERCOLOR PAINTING
A guided step-by-step class led by Helga Batman, where you will create a beautiful watercolor painting.

12 people per class
12 years & up

Friday: 9:30am - 11:30am

$35

PERFUME MAKING
Learn to create a unique scent that you'll love with our step-by-step guided class.

12 people per class
12 years & up

Friday: 3:30pm - 5:00pm

$20

AWARDS
During your stay with us this week, you have the opportunity to work toward several different awards of recognition which will be announced at the Closing Show on Friday night. Awards include but are not limited to:

- **Aquatic Awards**: Sunrise Swim Club Award, Mile Swim Club Award, and the Junior Lifeguard Award
- **Archery**: Master Archer Award, Junior Archer Award, and tournament winners
- **Athletics**: Run/Walk Around the Lake, Tournament Winners, and Wellness in the Woods
- **Boating**: Waterski/ Wakeboard Around the Lake
- **Bear and Grill**: B&G Groupie Award and Hungriest Family Award
- **Challenge Course**: Master Climber Certificate of Achievement
- **Fishing**: Biggest Catch
- **Frontier Village**: The Rock’n Horseshoe Award and the legendary Golden Horseshoe Award

BABYSITTERS

If you are in need of a babysitter at any time during the week, the front desk is happy to help! Simply obtain a babysitter request form from the side of the front desk (a separate request must be filled out for each date needed). We will leave confirmation of your request’s status by leaving a message on your phone.

Cancellation: You will be asked to pay your babysitter a 1-hour minimum charge of $12 if you provide less than 2 hours cancellation notice prior to your requested time.

Babysitting Rates: $12/hour minimum for 1-2 children. For each additional child (up to 5), add $1/hr.

**UCLA Lake Arrowhead will NOT assume liability for any damages, including bodily injury or property damage incurred during the course of activities such as babysitting, massage services, and private lessons;**
which result from a private agreement between yourself and a UCLA Bruin Woods student, employee, or outside babysitter.**

**BASKETBALL**

We are happy to offer 2 NCAA-size half courts located on Tennis Court #4. Sign up on the Tennis Court #4 sheet in the Pineview hallway to reserve the court for basketball play. If you should find our friendly neighbors playing on the court, please report this to the front desk.

3-Point Shootout: Compete on Friday in a 3-point shootout competition just like the pros!

**BEACH CLUB**

Tavern Bay Beach Club (across the street from the front lawn) is a private club in which all of our guests are fortunate enough to have access to. In order to use the facility, please pick up an ALA card at the front desk. You cannot use your room key for access. Please be sure to return the card before the next meal.

Tavern Bay is open between the hours of 8:00 a.m. and 5:00 p.m. We ask our guests not to go to the Beach Club when it is closed, as we would like to maintain a good relationship with the ALA (Arrowhead Lake Association).

**BEAR & GRILL**

Be sure to visit the Bear & Grill for our delicious Bruin Burgers, or venture to try one of our giant Grizzly Burgers (twice as mean!). Not much of a meat eater? Try our curly fries, onion rings, low-fat frozen yogurt, soft drinks and chips just to name a few tasty treats! Also, look for our healthy options menu. New to the menu this year – Zico Coconut Water, Veggie Wrap, Roast Beef Wrap, Build Your Own Sandwich, & Grilled California Chicken Sandwich. Bear & Grill hours are posted on the program charts as well as at the Bear & Grill.

**BELL HOP SERVICE**

We are happy to offer Bell Hop Service again this year from 3:00pm-6:00pm on check-in day. If you require assistance, just visit the Bell Hop station at check-in. The cost is $15.00 per family and there is no need to pay in advance, just sign up and the fee will be charged to your account. If you require bell service at check out, please notify the front desk the night before. There is absolutely no tipping of individual Bell Hops. If you would like to leave a tip, please do so in the tip safe at the front desk and it will be distributed amongst the staff.

**BINGO – TROPICAL**

Get out your Hawaiians, leis, and sunblock, Tropical Bingo is here! Prizes will be given out to the winners of each round of this fun-filled family festivity. Make sure to dress the part in your most rad tropical attire! Helium balloons will be available for all of the little ones as well. Wednesday at 7:00 p.m. in Pineview.
Get ready for our fun-filled boating program with our two pontoon boats and our two ski boats, the "Zoomboats."

Here are the activities we offer on the lake:

**Waterskiing** – Morning, afternoon, and evenings Monday through Friday. Trips are scheduled by lottery on Saturday evening after check-in.

**You must be a Polar or older to participate and have previous skiing or wakeboarding experience**

**You must be a Bruin or older to participate in knee boarding**

A schedule will be posted at the end of orientation with the names of each scheduled skier. Gas and equipment rental fee is $25 for 20 minutes of water ski time, which can be charged to your room.

*Cancellation Policy – If you can’t make your reserved time, try for a trade. If you must cancel, please do so as early as possible in order to allow others the opportunity to ski.*

**Lessons** – People who have never water skied or wake boarded before are required to take a professional ski lesson before signing up for Bruin Woods water skiing. Contact McKenzie’s Water Ski School at (909)337-3814. They are located at the docks on the lower level of the Lake Arrowhead Village.

**Village Trips** – We happily offer cruises across the lake to the Lake Arrowhead Village and outlet mall. Sunday through Friday, the boat leaves our dock at 1:45 p.m., and the group is picked up at 3:45 p.m. at the Village for the return trip. No sign-up necessary and the trips are free of charge! Just meet at the dock and if there’s more than one boatload, we’ll come back for a second round. Depending on the lake’s condition, it is about a five minute cruise on the pontoon boat to the Village. **ALA rules state that all guests 13 years and under must wear a life jacket and be accompanied by an adult while boating**

**Cruises** – You may also enter the lottery for lake cruises on our pontoon boats. Twelve people may go on each cruise (Pooh Bears in arms count too). See the sights of Lake Arrowhead and enjoy the cool breeze as you relax on the lake. You may want to bring a jacket along. Cost is $5.00 per person, you do not need to pay ahead of time. The Front Desk will charge your room after the cruise. If you would like to order a cheese tray for your cruise, please see the front desk by noon the day before your cruise to order. $25 per tray.

**Children’s Group Use** – We take all children with their counselors out on the boats during the week. Student staff boat drivers take the kids in the direction of either SpongeBob Island (Lone Pine Island) or Tommy the Troll’s Tower, tell them stories, and help them enjoy a safe boating experience. You do not need to sign children up for these boat rides. Teens will have a special ski time during their program, and the Sloth, Teen, and Grizzly groups each have a starlight cruise.

**All children Polars & under must wear life jackets.**

**Boating Lottery Procedures**
Turn in your lottery forms (found in your arrival packet) for both Waterskiing & Pontoon Cruises by 6:00 p.m. Saturday; results will be posted by 7:30 p.m. in Pineview.

**BOOK CLUB**

Our selection for the Book Club this year is *Lincoln in the Bardo*, by George Saunders.

February 1862. The Civil War is less than one year old. President Lincoln’s beloved eleven-year-old son, Willie, lies upstairs in the White House, gravely ill. In a matter of days, despite predictions of a recovery, Willie dies and is laid to rest in a Georgetown cemetery. Willie Lincoln finds himself in a strange purgatory where ghosts mingle, gripe, commiserate, quarrel, and enact bizarre acts of penance. Within this transitional state—called, in the Tibetan tradition, the bardo—a monumental struggle erupts over young Willie’s soul.

Please meet on Friday at 10:30 a.m. in Skyview. Bring your own copy or check out one of our limited copies at the front desk.

**BRUIN CHEF**

Enjoy this hands-on family style cooking competition modeled after the hit T.V. show “Iron Chef.” This event will take place Thursday in Iris. No sign-up necessary. This event is first come, first served.

**BRUINS WOODS CLOTHING STORE**

Bring a piece of Bruin Woods home with you or share the love with someone who couldn’t be here. The Bruin Woods Clothing Store is located up the stairs from the front desk next to the Honor Bar. It is filled with a variety of fun Bruin clothing items, accessories, and toys for the kids. We also have your last minute hiking, overnight, or swimming needs, as well as toiletries!

**BRUIN WOODS THEATER- Polars & Up**

*Butch Cassidy and the Sundance Kid – Monday in Iris*

The true story of fast-draws and wild rides, battles with posses, train and bank robberies, a torrid love affair and a new lease on outlaw life in faraway Bolivia. It is also a character study of a remarkable friendship between Butch - possibly the most likeable outlaw in frontier history - and his closest associate, the fabled, ever-dangerous Sundance Kid.

*A Monster Calls – Wednesday in Iris*

12-year-old Conor, dealing with his mother’s illness, a less-than-sympathetic grandmother, and bullying classmates, finds a most unlikely ally when a Monster appears at his bedroom window.

*Passengers – Thursday in Iris*

Two passengers are on a 120-year journey to another planet when their hibernation pods wake them 90 years too early. Jim and Aurora are forced to unravel the mystery behind the malfunction as the ship teeters on the brink of collapse, with the lives of thousands of passengers in jeopardy.
The Bruin Woods Thought Series is a forum of thought for our Bruin Woods guests. This year we will be analyzing and discussing “The Future of Politics.” Join us for what is sure to be a lively discussion! Tuesday at 2:00 p.m. in Lakeview.

“Bruins Care” is a program that aims at helping out both the UCLA community and our local community at Lake Arrowhead. Guests are encouraged to participate during their stay at Bruin Woods by being involved in these worthy causes:

**Operation Provider** – Take a trip to OP and volunteer your time by handing out food to those in need, Thursday from 10:30 a.m. – 1:15 p.m. 8 years and up. This year we will begin donating our sports equipment to OP. The mission of Operation Provider is to provide food, clothing, utility assistance, referrals and emergency assistance, a warm smile, a shoulder to cry on, and a lending hand to families and individuals residing in the mountain communities.  [www.operationprovider.org](http://www.operationprovider.org)

**Weekly Banners** - Bid on a banner with your week number on it at our silent auction in the Honor Bar. All proceeds go to the UCLA Mountain Bruin’s Club, Lake Arrowheads UCLA Alumni Chapter. These proceeds support scholarships for Rim High School graduates who have been accepted to attend UCLA. Five banners will be auctioned off each week.

**Knots of Love** – Knit a beanie using our easy-to-use Knifty Knitters (making knitting easy for all) for this amazing organization. Knots of Love is a 501(c)3 nonprofit charity based out of Newport Beach, California. Its mission is to brighten the lives of people who are suffering by providing hand-made caps for men, women, and children experiencing the effects of cancer and other life-threatening illnesses.

Other ways Bruin Woods is helping the community and environment:

**LAE Day** – We have a day just for the kids in the Lake Arrowhead Community to come during staff training week before the summer and experience what Bruin Woods is all about.

**Sustainability** – Including green efforts, biodegradable coffee cups, sustainable water bottles, and LED light bulbs throughout the property.

We know that some guests must bring their work with them to Bruin Woods (laptops, cell phones, tablets); however, remember that it is vacation time here at Lake Arrowhead. We ask those of you who bring along your office to please confine work-related activities to your room. There is no use of work laptops or cell phones while in the Honor Bar.
CHALLENGE COURSE

One of Bruin Woods’ greatest adventures is the challenge course located along Cardio Hill. Come and enjoy our fun high element activities!

All of our facilitators bring enthusiasm and experience to these fun and encouraging challenges. The same muscle groups you use for walking will get you through most aspects of our challenge course. Closed toed shoes are required and we recommend loose-fitting clothes that you aren’t afraid to get dirty. Come ready to have a good time!

Sign up at the Saturday Orientation Meeting to participate in this experience of a lifetime.

ALL CHALLENGE COURSE USE MUST BE UNDER THE SUPERVISION OF A QUALIFIED STAFF MEMBER.

CLIMBING TOWER

Just past the amphitheater, the climbing tower combines the fun of climbing a tree with the high-adventure sport of rock-climbing. The climbing tower is open to Kodiaks and older. Kodiaks may climb provided they fit into a harness and are accompanied by a parent.

CAT WALK

Returning guests may remember this thrilling balance-beam styled element. This element challenges you to show off your courage as you stroll across a 50 foot high horizontal telephone pole with nothing in hand but your own bravery. This event is for children of Grizzly age or older.

GIANTS LADDER

You and your partner will help each other reach the top of our 50 foot ladder; however you will have to work together as the ladder rungs get farther and farther apart. This event is for children of Grizzly age or older or a Polar with their guardian.

LEAP OF FAITH/ PAMPER POLE

Both the Leap of Faith and Pamper Pole are 45 foot vertical climbs up, staples, which while not very physically challenging, are true mental battles as you must overcome your fears in order to spring off a small platform. The target of the Leap of Faith is a trapeze who’s distance from you is adjustable for added difficulty. Unique from the Pole Leap, with this element there is no trapeze to ease your fall as you leap into thin air in the hopes of smacking a buoy. These events are for children of Grizzly age or older.

3 ELEMENT CHALLENGE

This event raises your responsibility level to a whole new height! Participants ascend thirty-five feet and clip in to an independent system, coming off of facilitator-belay. Then, the participant traverses hanging “vines”, a crisscross bridge, and an incomplete step bridge before being belayed down the face of the Rock Wall. A three-part test of mental fortitude, this element is not very physically challenging. This event is for children of Grizzly age or older.
* The Zip Line will be closed for the 2017 summer as we create a NEW experience for next year!!*

**CHILDREN’S PARK**

The Cubs kids’ group (5 & 6 year olds) meet at this fun location each morning. The Children’s park is a fenced-in mountain playground with a slide, two playhouses, and some open areas in which to play. Pooh Bears are always welcome at the park with supervision.

**A special note for all parents of Teddy Bear age children:** Please drop your child off at the 3rd floor of Cedar Lodge (patio entrance) just next to Children’s Park each morning and afternoon.

Staying with your child during activities extends the adjustment period for all the children in the group and is discouraged. Have a wonderful time while your children are under the care of our responsible and fun-loving counselors.

**COOKOUT LOCATIONS (Wednesday only)**

Listed below are the location and departure times for Wednesday:

<table>
<thead>
<tr>
<th>Group</th>
<th>Location</th>
<th>Depart</th>
<th>Approx. Return</th>
<th>Suggested $ for your child</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cubs</td>
<td>Frontier Village</td>
<td>12:00 p.m.</td>
<td>1:00 p.m.</td>
<td>None</td>
</tr>
<tr>
<td>Bruins</td>
<td>Boat Cruise</td>
<td>12:15 p.m.</td>
<td>1:30 p.m.</td>
<td>None</td>
</tr>
<tr>
<td>Kodiaks</td>
<td>Front Lawn, Lake Gregory Regional Park &amp; 7-11</td>
<td>12:15 p.m.</td>
<td>5:30 p.m.</td>
<td>$35 for waterpark &amp; snacks</td>
</tr>
<tr>
<td>Grizzlies</td>
<td>Pacific Crest Hike &amp; Malt Shop</td>
<td>9:30 a.m.</td>
<td>3:00 p.m.</td>
<td>$10-$20</td>
</tr>
<tr>
<td>Teens</td>
<td>Village Excursion &amp; Malt Shop</td>
<td>9:30 a.m.</td>
<td>12:30 p.m.</td>
<td>$10-$20</td>
</tr>
</tbody>
</table>

**CURFEW**

*It is each parent’s individual responsibility to enforce curfew.* Out of courtesy to the other guests on property, we recommend the following times for each of the listed groups:

**POLAR BEARS:** 10:00 P.M.

**GRIZZLIES:** 11:00 P.M.

**TEENS:** 12:00 A.M.
**EMERGENCIES**

If you have an emergency, please dial 911. Our night lodge keeper is in the lodge overnight. If you need to reach him/her, dial “0”. If you need medical attention, call the Emergency Room at Mountains Community Hospital at (909)336-3651 ext. 3080. Remember, doctor visits and medical care are your financial responsibility. **We have defibrillators stationed at the front desk and ballfield**

**EXERCISE AND FITNESS CLASSES (In order of appearance)**

*ALL LISTED ACTIVITIES ARE PART OF OUR WELLNESS IN THE WOODS PROGRAM!*

**SELF-LED MORNING JOG GROUP (Daily at 7:00am)**

Join your fellow Bruin Woods guests in an invigorating morning jog.

**YOGA – Vinyasa Flow (Sunday & Monday & Tuesday on the Zen Deck; Wednesday at the Totem Pole, & Friday in Pineview)**

An energizing yoga-inspired class set to relaxing music. Come ready to open up your mind and body by increasing your flexibility and range of motion while maintaining balance and core strength.

**ZUMBA (Monday in Pineview)**

You’ve got to try this! This is a high energy aerobic workout with a Latin flavor and a Hip Hop beat. All levels are welcome; no dancing experience required. Please make sure to sign up!

**PILATES STRETCH AND TONE (Tuesday on Zen Deck – Adults Only)**

This is a popular and great workout where you will strengthen all major muscle groups while enhancing core balance and flexibility in this unique Pilates-inspired workout. Leave stronger, more energized and ready for another full day of Bruin Woods adventures.

**BEACH BOOT CAMP (Wednesday at Tavern Bay – Meet on the front patio)**

This class incorporates a variety of high intensity cardio intervals and resistance training with your own body weight and the resistance bands. The hour will fly-by in this quick-paced class and you will leave feeling amazing!

**TRIATHLON (Wednesday at the Volleyball Court)**

Want to race? Come and enjoy your very own Triathlon! This course is short and designed for the novice. The course starts with a 150 yard open-water swim and transitions to a 3 mile bike ride, followed by a 1 mile run. Please be sure to sign-up on the sign-up sheet. You can race as an individual or as a relay team (relay teams not eligible for top time). Join us at the totem pole for a yoga stretch session before the race!

*Mountain bikes and helmets are available to rent for the triathlon at $15.* Please see the Athletic Director, John Gordon, with any questions. Meet by the volleyball court Wednesday at 10:45 a.m. If you need to rent a bike, please sign up beforehand at the Front Desk. Plan to arrive at 10:30 a.m. to receive your bike and helmet.
This course will be monitored by our UCLA BRUIN WOODS Staff and Management team. Ages 18 and up; you should be in good physical health to compete.

HEALTHY EATING DEMO WITH PROFESSOR COLLEEN HINDS (Wednesday in Iris)
Plant-Based, Healthy Snacks with a Food Processor

Come learn how to make super easy, super healthy snacks using only a food processor and a handful of ingredients. These recipes are totally plant-based, full of amazing nutrients and taste amazing! The best part is they only take a few minutes and don't require anything but a food processor! Come and sample the no-bake brownies, avocado pudding, banana ice cream, beet and edamame hummus all while learning why these recipes are so good for you! Yum!

WATER ZUMBA (Wednesday) at the Pool
Come join the fun in the pool and get fit at the same time!

RUN/WALK AROUND THE LAKE (Friday)
To satisfy the desire of runners and non-runners, we have instituted a run and walk around the lake. Meet on the front patio wearing good walking/running shoes (we leave promptly at 6:30 a.m.) The route will mostly follow the trail surrounding the lake and surface streets, so the entire walk will be about 10 miles. If you want to go only halfway, please arrange for a family member to pick you up at the Village. We have walk around the lake maps available at the Front Desk!

Please see the front desk for the gate code.

“EXPLORE LAKE ARROWHEAD”

1. Enjoy the bounty of activities occurring here at Bruin Woods.
2. We encourage our guests to support the local community by shopping in Lake Arrowhead area stores. A Bruin Woods Magazine is in your room to peruse local specials to BW guests.
3. Big Bear Alpine Slide (1 hour away): (909) 866-4626
4. Lake Gregory Regional Park (water slide, Splash Island, Zero Depth Water Play Park, aqua cycles, sail boats, etc.) (909) 338-2233
5. McKenzie Water Ski School: (909) 337-3814
7. Blue Jay Theater: (909) 337-8404
8. Skypark at Santa’s Village (909)744-9373
9. Enjoy the lake! The front desk has passes to the Tavern Bay Beach Club.

For more activities in our local community, visit the Lake Arrowhead Communities Chamber of Commerce website at www.lakearrowheadchamber.com
FACULTY LECTURES (Daily, Sunday – Friday)

We have selected 2 of UCLA’s finest professors to share their knowledge with you this week. This lecture series brings you back to the classroom of your college days (minus the pop quiz!). Here at Bruin Woods we provide guests with a learning environment and strive to enhance the gift of learning.

The lectures are scheduled in two parts: Sunday through Tuesday, you’ll hear one lecture each day from the first faculty member, as well as an “afternoon discussion” on Monday in Lakeview. Wednesday through Friday, you can attend three more lectures on an entirely different subject from a different faculty lecturer. They will also have an “afternoon discussion” on Thursday in Lakeview.

Each day’s lecture topic will stand alone, so you won’t be behind if you miss one. You’ll find the scheduled lecturer and topics in the Faculty Lecture Summary in your check-in packet as well as in the program charts.

*Pooh Bear Care is available in Skyview for the Monday and Thursday lectures.*

FAMILY TALENT SHOW

AUDITIONS (Tuesday 11:30 a.m. – 2:00 p.m.)

Each act wishing to be in the talent show must sign up to reserve a spot and be previewed Tuesday. Program Director Jake Dvorsky will see your act and determine the placement in the show’s line-up. See the section below, “Family Talent Show”, for the Talent Show rules. All performances must be suitable for all ages; no lip-sync or videos. Keep in mind, this event is geared toward participants 18 and under. All acts must be in full dress for the audition.

FAMILY TALENT SHOW (Tuesday Evening)

A favorite tradition is the Family Talent Show on Tuesday night where adults, children and families perform skits, songs, musical acts, or dances to share with the group. We will decide the order of the acts and post them by 6:00 p.m. on Tuesday.

Over time, the following talent show rules have made for the most enjoyable talent shows. We ask the support of all participants and spectators in following these rules:

1. No lip-syncing
2. Only one number per individual or group, even if the number is short
3. Performers must be present; sorry, no videos
4. 3 minute maximum for acts; under 2 minutes recommended for Bruins and down; Please, no exceptions. (This includes family skits.)
5. The act you perform on stage must be the same act you performed at the preview

*If you do not follow these rules, we may be forced to cut your act short*
6. Each performer may only perform in one act

*Join us for S’mores at Frontier Village immediately following the Family Talent Show.*
FIRST AID

First aid kits are provided in public areas around camp – at the front desk, pool, ballfield, children’s park, Arts & Crafts, on the boats, and in the vehicles. We also have defibrillators stationed at the front desk and ballfield.

FISHING

Catch a big one on one of our fishing trips! Twenty-six trips go each week, and we make every effort to accommodate each family who wishes to go. Six people go on each trip. We troll three deep lines for trout. We have new fishing methods this year to bring in a big haul. Any bass caught must be released. Two people share a pole, and we provide the Fishing Guide and all equipment. The Guide will clean your fish and we will smoke or cryo-vac them for you. We bring coffee on the early morning trips, and the lodge is open by 5:30 a.m. for other beverages. The evening trips are out during dinner, but don’t worry, “fishing picnics” will be provided. Sign up for one of our Advanced Fishing Trips to learn how to cast, tie knots, and gut fish!

CONGRATULATIONS, YOU CAUGHT A FISH! NOW WHAT?

Your three options:

1) Cryo-Vac them and take them home
2) Have your fish smoked to share on Friday or Saturday for breakfast
3) Catch and release

Fishing Trip Guidelines

1. Age limits: Youngsters must be at least in the Bruin Group (2nd & 3rd grade) to go on boats. An adult must accompany those Bruins – Polars. Anyone 16 and older who is fishing must get a fishing license online with the Dept. of Fish and Game. Please see the front desk for details and give yourself ample time to print out your license prior to your trip.
2. Reservations are confirmed by paying a $15 per person equipment rental fee by noon the day prior to the trip. If you do not pay by this deadline, we will assume you have cancelled and we will begin calling families on the waiting list. Please call us as soon as you know you must cancel. Please pay early to avoid disappointment.
3. Please do not cancel at the last minute; this is very unfair to those on the waiting list.
4. There are no refunds for cancellations after noon the day prior to your trip, except in the case of an emergency.

Fishing Trip Lottery Procedures

Turn in your lottery form (found in your arrival packet) by 6:00 p.m. on Saturday. Results will be posted by 7:30 p.m. in Pineview.
FRONTIER VILLAGE

To get to the Frontier Village, walk up “Cardio Hill” to the path across from the amphitheater on the left. Turn left up the wide dirt path, pass the Yurt, and continue until you see a narrower footpath on the right. This path leads right to the heart of Frontier Village where Cowboy Tyler and Cowgirl Anna will be on hand to give you a big “How-DEE!”

BRUIN WOODS Rockin’ Horseshoe Program -- You may earn a Bruin Woods Rockin’ Horseshoe by learning a skill in each of five categories: Skill of Survival, The Art of Construction, Western Know-how, Around the Village, and One with Wilderness. You may obtain a list of these skills at Frontier Village or the front desk.

Here are the rules of the program:

BRUIN WOODS Rockin’ Horseshoes may be earned by Adults, Sloth Bears, Teens, Grizzlies, Polar Bears, Kodiaks, & Bruins. (Cubs and Teddy Bears visit the Frontier Village in their groups, but do not participate in this program.)

The appropriate staff member must sign off achievements when they are completed. Parents may certify some items from the Horseshoe sheet. Frontier Village staff is not allowed to sign off achievements they have not personally seen.

When you have completed one requirement in each category, you must submit the signed form to the Frontier Village Staff by Friday afternoon at 3:00 pm.

Only one Bruin Woods Horseshoe may be earned each year.

If every member of a family earns a Bruin Woods Horseshoe this year, they will earn a special Golden Horseshoe.

Please see your charts for “open” Frontier times.

We encourage you to visit Frontier Village which is home to two authentic Conestoga Wagons, two large Western Tents, and one Ranch House. You will be sure to have one rockin’ experience!

GAMES HANDOUT AND RECREATIONAL EQUIPMENT

All the recreational equipment you’ll need can be borrowed at the Games Handout next to the Bear and Grill.

- Anything taken from Games Handout must be returned the same day.
- The person who checks out the game is responsible for returning the game.
- Please take care of any game you check out so others may enjoy it after you.
- Tennis rackets and balls can be found on the tennis courts

We ask that you return all sports equipment and games every day – as soon as you are finished using them or by dusk. PUTTERS AND GOLF BALLS CAN BE CHECKED OUT AT THE FRONT DESK AND MAY BE USED ONLY BY POLAR BEARS AND OLDER unless there is specific, attentive adult supervision.
**GENERATION GAP (Teens and Parents Only)**

Meet at the Amphitheater immediately following Music and Dance Revue for Generation Gap. Based loosely on *The Newlywed Game*, this game show will challenge the knowledge of the parents and their teenagers and leave you, the audience, laughing.

**GOLF**

Bruin Woods guests now have the option to golf at the Lake Arrowhead Country Club, just 3 miles from Bruin Woods! Set up a tee time at the Front Desk when you arrive. Fees apply and can be paid directly to the Country Club.

**GRATUITIES**

Our policy is that there is no tipping of team members at Bruin Woods (except for babysitting and private lessons). However, most families leave a gratuity in the drop safe, located on the right side of the front desk, on the last day of camp. *As a guideline, tips each week average about 7%-9% of the week’s total bill (which typically averages $300-$500).* Any gratuities received are greatly appreciated and divided among all staff members according to hours worked (except management and supervisors, of course). Since they work more hours, the student staff receives the largest share. Please make checks out to: UC Regents.

**HIKES**

For more information regarding the specifics of each hike, please attend orientation and speak with our Outdoor Adventure Director, Brandon Dekema. Each hiker must carry water. Proper footwear is expected.

Plan your schedule carefully – hike leaders do not rush the hike to meet other schedules; no exceptions. Hike leaders have the authority to deny participation to any guest who does not listen to or follow their direction, or who is not properly equipped- including carrying the required amount of water. With these points in mind, we hope you have a wonderful time enjoying the nature on our mountains. Please note that you will need a National Forest Adventure Pass if you plan on driving yourself to any of these hikes. We have a few available for check-out at the front desk.

*Easy: Family Lakeshore Cleanup Walk (Thursday)*
This beautiful walk along the ALA trail around the lake is a perfect way to start your morning with your family. Take in the amazing views of the lake while we give back to the community by cleaning up the trash that lines the trail!

*Moderate: Backcountry Trail Run (Sunday)*
Come experience the beautiful backcountry that is the San Bernardino National Forest. This four mile trail is primarily downhill on a combination of slender dirt paths and mountain service roads. This is a moderate run due to some areas containing rocks and slippery slopes. The Backcountry Trail Run is a great way to enjoy the
local scenery while getting a great workout! But the best part is the vans will drop you off at the trail head, but no return trip is needed as the trail leads all the way back to Bruin Woods!

*Ages 18 and up, you should be in good physical health to join in on the fun.*

**Strenuous: Pacific Crest Trail (Tuesday) * Low Rock Jump**
This is an invigorating hike along a truly beautiful landscape in the Deep Creek area. This is a short hike that ends with a very steep downgrade to mountain pools. Bring a bathing suit and closed toed shoes. The total distance on this trail is 2.25 miles. *Hikers must be ages 12 and up*

**Strenuous: Pinnacles Desert Hike (Monday)**
Located northwest of Bruin Woods, the Pinnacles rise out of the desert slope of the mountains – imposing stacks of granite boulders that rise to just over 5,700 feet above sea level. The panoramic view from the top is spectacular: Silverwood Lake and Mt. Baldy to the west, the Mojave River winding through the high desert to the north, the Deep Creek Canyon area to the east and the Evergreens and Oaks of the national forest. The final 100 feet requires some significant boulder-hopping in order to reach the summit. This is an extremely strenuous, 5 mile round trip hike with very little shade.
*Ages 18 and up, you should be in good physical health to join in on the fun.*

**HONOR BAR**

The Honor Bar is available for your enjoyment. Here’s how it works: please pay at check-in for each adult in your family (21 years and up) who wishes to enjoy the Honor Bar. After making your Honor Bar contribution, we invite you to enjoy the Honor Bar whenever you wish throughout your stay. Honor Bar hours are the same as the Main Lodge hours.

Please observe the Honor Bar rules:
- ADULTS 21 AND OVER ONLY, this includes infants in packs, slings, or strollers.
- The Honor Bar is a “No-Work” space. No work calls or laptops allowed.
- The Honor Bar does not provide snacks or sodas to children at any time (no exceptions please!).
- Bottles of beer, wine, liquor; or cans may not be taken from the bar.
- You may take a glass of wine or a glass of beer to dinner with you; no bottles of wine should be taken from the Honor Bar to the dining room. No cups larger than 24 oz. please!
- We ask that you do not take adult beverages to family programs.
- Please limit your unscheduled activities (i.e. poker) to one table.
  - If you need more space please contact the Front Desk and we will arrange for another room to be set up for you!

Hors d’oeuvres are served during pre-dinner social hour on the first and last night only. Bar snacks are available at other times. The Honor Bar is staffed during select adult programs only. Although we do our best to keep the Honor Bar well stocked, from time to time we may run out of your favorite beverage. Please notify the front desk staff and we will restock as soon as possible. We hope you will enjoy this Bruin Woods tradition. *Honor Bar rules apply to Wine Tasting, Beer Tasting, Margaritaville, and Art & Wine Night as well.*
HOUSEKEEPING

Our housekeeping staff comes to your room each morning between 8:30 a.m. and 12:30 p.m.

- Clean towels are delivered on Tuesday and Thursday. Please hang them up to dry in between towel days. If you forget, towels found on the floor are re-hung on the rack.
- Beds are made daily, but sheets are changed only on Saturdays.
- Daily service includes cleaning the bathroom fixtures and vacuuming the carpets.
- We have instructed our staff not to move your personal belongings or toiletries so be sure to pick up item off floors and counters for full cleaning.
- You may put your “No Service” card on your outside door if you do not want service for that day. Please note that we will not service your room at any point during the day. *May not be used on check out days*

A couple of guidelines about linen usage:

- Blankets, sheets, pillows, and towels should not be taken from the room. Beach towels are available for sale in the Bruin Woods Clothing Store and you may borrow some of our loaner blankets for sitting on the lawn during events at the ballfield and on the front lawn. Please remember to take personal beach towels to the pool/Jacuzzi and lake.
  *We have safes in the rooms, so please use them if you brought any valuables*

HOW TO GET INTO COLLEGE PRESENTATION

Getting into college seems to become more competitive each year and many elite schools now have acceptance rates below 10%. But did you know that admissions officers read applications with the goal of accepting students, not denying them? Join our student staffers who are involved with Undergraduate Admissions for a lively talk about getting into college (and hopefully UCLA)!

JAM ROOM

On Thursday night in Pineview, come join us and jam on our drums, piano, bass, electric guitar or bongo. We have all the right equipment you will need to rock out! **This activity is for the Teen group and up.**

JOB FORUM

This is your opportunity to connect with our student staff to share some of your wisdom and experience with the next generation of UCLA Alumni. It will be a fun “Coffee House” style. Meet in the Tavern Friday morning for the Bruin Woods Job Forum. Remember to bring your business cards. (Casual attire is appropriate for this event.) Feel free to share your info prior to the Job Forum on our form in the Bruin Woods phone app!
**KARAOKE**

This is an activity you don’t want to miss! Step up to exercise your vocal talent at this karaoke sing-along. Choose your favorite ditty from our extensive karaoke collection and join your fellow Bruins for a group performance, or be adventurous and sing solo.

**KAYAK TOURS**

We have our own fleet of 6 tandem 2-seater kayaks! Anyone wishing to kayak should fill out the kayak lottery form and turn it in by 6:00 p.m., Saturday evening. Enjoy a guided kayak tour along the shore of Lake Arrowhead. Kayak tours cost $20 per person. ALA boating license is included in the price of kayaking.

Please check sign-ups for availability.

*Kayak Trip Lottery Procedures*

Turn in your lottery form (found in your arrival packet) by 6:00 p.m. Saturday; results will be posted by 7:30 p.m. in Pineview.

**KIDS’ GROUPS**

Each youngster and teenager joins the activity group of his/her peers. For the cohesiveness of each group, kids will not be allowed to change groups. Full activities are planned and everyone is urged to join in from the very beginning. Trained UCLA student counselors make sure each day is full of fun and safe activities. Most kids look forward to making new friends and reuniting with old ones. Attendance is not mandatory, but young people not attending their group activities are the responsibility of their parents.

**Teddy Bears** – A special note for all parents of Teddy Bear age children: The Teddy Bear counselors are Nick and Katie! We ask that you drop your child off at 3rd floor Cedar each morning at 9:20 a.m. and 2:00 p.m. in the afternoon unless otherwise noted. You may stay to help your child adjust the first few minutes if you wish, but we hope you’ll leave your child with our counselors as soon as possible. Staying with your child during activities actually extends the adjustment period for the children and is discouraged. Meanwhile, take the opportunity to have a wonderful time while your children are under the care of our responsible counselors.

**Only children who are 3 years old and fully toilet trained may participate in the Teddy Bear program.**

Children under three may not participate in the program, whether or not they are toilet trained.

**Cubs (3 years - 1st grade)** – Cubs will meet each day at the Children’s Park at 9:20 a.m. This year’s Cub counselors are Spencer and Jessica! Our Rovers are Dakota, Emma, Hannah, and Katie. At the end of each
morning or afternoon activity period, the counselors will bring the children to the Front Lawn unless otherwise noted. **Please be there to meet them.** Your children will need swimsuits and towels each day.

**Bruins (2nd and 3rd grade)** – Bruins meet on the front lawn between the tennis courts at 9:20 a.m. Alex, Luke, and Irvin are our Bruin counselors. Children in the Bruin’s group and below are **not** allowed to move in and out of their groups at will. If you need to meet your child for another activity, please send a note to the counselor to let him or her go or arrange to pick them up. Special arrangements may be made through the individual program counselors. Be sure to send a swimsuit and towel each day.

**Kodiaks (4th and 5th grade)** – Kodiaks meet on the volleyball courts. Their counselors are Megan, Torri, and Tiernan! Be sure to send a swimsuit and towel each day. Kodiaks who embody the Kodiak spirit gain entry into the exclusive “Kodiak Klub”.

**KIDS’ CHOICE CLUBS are back again this year for Bruins & Kodiaks!! Sessions Monday-Wednesday**

For 2 hours each day, your child gets to decide how to enrich themselves. Will they work on their cooking skills in our “Culinary Club” or will they use their wits to win the challenges in our “Game Show Club”? The choice is theirs, but one thing that’s for sure is they will have a blast!

If your child attends the same club everyday they will earn a special merit on their end of the week award. Each club will help build a skillset for your child all while they are having fun.

Kids’ Choice Clubs 2017:

- **Art Club** led by Kodiak Counselor Tiernan O’Neill
- **Caribbean Club** led by Bruin Counselor Irvin Mason Jr.
- **Culinary Club** led by Kodiak Counselor Megan Hoffman
- **Disney Club** led by Bruin Counselor Alex Gray
- **Game Show Club** led by Bruin and Kodiak Counselors Luke Johnston & Torri Johnson

  - **Polar Bears** – 6th and 7th grade carry on the tradition of the “coolest” group in camp this year. Counselors Gabby, Megan, and Nathan will lead them in an overnight trip at our onsite campground, fun games, and a Friday night party/dance of their own. Meet daily at the flag pole.

  - **Grizzlies** – Come to the 8th and 9th grade group with counselors Alex and Savannah! Fun counselors and new friends will make your vacation more exciting. Look forward to an overnight camping trip, games, sports and moonlight cruises. Grizzlies join the Teens for the Teen/Grizzly Dance on Friday night. Meet daily on the Iris patio.
**Teens** – This is an awesome opportunity for 10th-12th grade kids to get together and do lots of fun activities. Teens are scheduled for sports, waterskiing, challenge course, and an overnight on our property. Note that the beginning and ending times of each day’s activities are marked on the program charts. Meet counselors Jason and Emily on the Bear & Grill patio. We do not plan unscheduled Teen group activities; any major alteration in planned events is posted in advance, if possible.

**Sloth Bears** – Sloth Bears boast the most robust schedule at Bruin Woods because they can attend all adult programatics and have designated Sloth activities throughout the week. See the front desk for a highlighted schedule of all Sloth activities.

### LAUNDRY

Coin-operated laundry machines are available for your use in the Main Lodge. Please see the Front Desk if you need quarters. Detergent is provided.

### LOST AND FOUND

Items found at camp should be taken immediately to the Lost and Found box on the front patio (any valuable items should be taken to the front desk). If you have misplaced something, look in the box. On Saturday morning, all found items will be displayed on a table on the front patio so you can check for your lost items before you leave. After the last guest has departed, we will bag and store the unclaimed items. If you arrive home and realize you’ve forgotten something, please call us.

### MAFIA (Tuesday & Thursday)

This late evening game for adults pits Villagers against Mafia in a race to identify the Mafia players before the Villagers are eliminated. Best played in groups of 20, sign up in advance and meet in the Pineview room to divide into groups. Different parts are assigned for each round, and strategy gets better and better as time goes on. Most of all, this game is for good times, laughs and getting to know each other better. Ask your kids – they’ve been playing this game at Bruin Woods for years. If you have never played Mafia before, come to Pineview right after the Family Talent Show and we will show you the ropes.

*Adults Only, no Sloths allowed on a Tuesday night*

On Thursday, it’s time to get revenge from Tuesday night. You asked for it, so we added a second night of Mafia! *Sloths allowed*

*New this year!* Interested to see how mafia is played in your kid’s group? Join us on Wednesday morning to play a special daytime edition of Kid’s Mafia! *Sloths allowed*
If you would like a massage while here at Bruin Woods please visit our Front Desk for a list of available masseuses that you can contact.

**UCLA Lake Arrowhead will NOT assume liability for any damages, including bodily injury or property damage incurred during the course of activities such as babysitting, massage services, and private lessons; which result from a private agreement between yourself and a UCLA Bruin Woods student, employee, or outside babysitter.**

Join us for one of the many tours available in the surrounding area. All levels of experience are welcome. Tours will be offered for beginner, intermediate, and advanced riders.

Cost: $25 (bike and helmet rental)  
$10 (with your own bike)

Beginner Ride: Bruin View Point  
For those who just want a beginner ride to a vista point, this is the one for you. There are a few hills in the beginning, then it is mostly flat for the rest of the ride. The distance is about 7 miles.

Intermediate Ride: Fun Loop  
Are you in good physical shape? Want to experience something a little more challenging? This is an intermediate-advanced ride with single-track, rocks and downhill sections. **You must have riding experience for this trail.**

Advanced Ride: Dogwood Trail – Advanced Loop  
This is an advanced ride through the south shore’s green forest mainly on single tracks with short climbs, narrow descents at high speeds, and technical switchbacks. **You must have riding experience for this trail.**

Moana  
Moana is a daughter of the chief of her tribe. Coming from a long line of navigators she sets off for a fabled island with her hero, the demigod Maui. Along the voyage they battle the treacherous ocean and all which it hides, all the while learning what the power love between friends can accomplish.

Since the Bruin Woods staff has some very talented singers, dancers and entertainers, we bring you a Music and Dance Revue to showcase their talents. We have our most talented staff in years, so stop by the
amphitheater to see our incredible staff perform. This event promises to be an inspiration for young singers and dancers and a great time for all ages.

“This year’s Music & Dance Revue is the best Bruin Woods has ever seen” – The Daily Bruin

NEIGHBORHOOD RELATIONS

We are located in a residential area on the North Shore of Lake Arrowhead. We ask all guests to be respectful of this and to help us maintain our relationships with our neighbors by being courteous at all times. When leaving an activity late at night or when walking around the property, please remember sound travels. Laughter or other loud noises can be disruptive. Thank you for your attention to this, as it will preserve our neighborhood relationships for the future.

ORIENTATION (Saturday – sign ups after the meeting)

Welcome to Bruin Woods 2017! On Saturday evening we will hold an extremely essential adult orientation during which we give you a closer look at what we have to offer this summer. This orientation begins promptly at 6:45 p.m. With all the new activities and programs this year, we don’t want anyone to miss this information session! Plus, we have a few new faces on board and we would love to have a chance before the thrill of camp begins to say “hello”. Following the meeting, sign-ups for activities will be open. We ask you not to bring infants to this important meeting since they can be a distraction to all in attendance. Staff members will be available to tend to your little ones in Skyview.

Please pick up your children by 7:45 p.m. so their counselors can get to the Opening Staff Show which starts at 8:15 p.m.

OVERNIGHTS

*Please note that there are sleeping bags available for purchase in the Bruin Woods Clothing Store.*

Sunday Overnights (Please have your child carry their bags to the overnight)

Kodiaks
The Kodiak group leaves on Sunday at 5:30 p.m. for their adventure at Frontier Village and the Tree House (sorry, no parents are allowed for this counselor-supervised overnight). Kodiaks will meet at the Bear & Grill patio at 5:30 p.m., and they will return from Frontier Village and the Tree House before breakfast on Monday morning.

Polar Bears
The Polar Bear group departs at 4:30 p.m. on Sunday to our Grey Oak onsite campground for the night. Upon arrival they’ll cook with their counselors. Joined by their fun counselors, they’ll have a real splash with a night swim, have a campfire program, and get to know each other. This is usually a great bonding experience for the week, so every Polar Bear should be encouraged to attend. Polar Bears will be back in time for breakfast.
**Grizzlies**
The Grizzly group departs at 5:00 p.m. on Sunday for a night of fun and adventure on property. Joined by their fun counselors, they’ll have a relaxing night cruise, a campfire program, and get to know each other. This is usually a great bonding adventure for the week, so every Grizzly should be encouraged to attend. Grizzlies will be back in time for breakfast.

**Teens**
In place of an overnight, the Teens will instead have a late night of fun and games! This is a great bonding experience for the week, so every Teen should be encouraged to attend.

**Thursday Overnight: Parent/Child Overnight**
Second and third graders with one parent for each child will depart on Thursday afternoon at 5:00 p.m. for our Grey Oak onsite campground. Please meet on the front patio. Upon arrival at the campsite they will play games and cook dinner. You will need to bring a sleeping bag, an air mattress or pad if you have one, comfortable clothes, and a desire to try something exciting and different. You will return to Bruin Woods in time for breakfast Friday morning. For the parents, coffee will be delivered to the campground in the morning!! *Since this is a family outing, please do not bring any alcoholic beverages on the PCO.*

**PADDLE BOARDS**
We have paddle boards available to rent, please see the front desk for more information. Paddle boarding is for those 12 and up. Minors must be accompanied by one adult. Lost paddles will result in a $75 replacement fee. Go to YouTube and search “paddleboard instructions” for helpful instructional videos.

**PETS**
Pets are not allowed on the grounds of Bruin Woods.

**POOH BEAR PROGRAM (2 years and younger)**
We offer multiple activity opportunities for Pooh Bears and parents. To connect with other Pooh Bears and parents, keep an eye out for different Pooh Bear activity suggestions in the program charts throughout the week. Some of these activities include:

- Pooh and Parent Swim Clinic
- Pooh and Parent Fit Walk
- Playtime at Children’s Park

There is also Pooh Bear Care available in Skyview during Monday and Thursday’s faculty lecture.

**QUIPLASH**
Join us in Iris for Quiplash, the gut-busting battle of wits and witiness! Just bring your phone or tablet (no controllers needed) and use it to answer simple prompts. There are no rules or correct answers. You just say
whatever you want! Your answer will be pitted against the other team’s answers in a head-to-head battle. Other players then vote on their favorite answer. It’s that simple!

RAIN PLAN

In the event of inclement weather, any changes to the program will be posted in the lobby.

RULES

For the safety and happiness of others, we have some designated Bruin Woods rules:

- Skateboards, rollerblades, bicycles, and scooters are not allowed anywhere on the property of Bruin Woods. Considerations leading to this decision are the safety of non-skating/boarding guests, safety and liability issues concerning the skaters/boarders, and previous damage done to our wooden stairs, rails and rock walls by skateboards and in-line skates.
- We do not allow squirt guns of any type or water balloons. We have found that they often cause problems in the groups and are generally a negative aspect of the fun around camp.
- No one under Polar Bear age may use the putters or putting green without immediate supervision of an adult. We have had too many accidents to permit this. We ask all parents to help us assure that children are safe on the putting green and that the putting green is not damaged. If you see a problem, let us know and we’ll take care of it.
- **No one under the Teen group may use the Jacuzzi at any time.** Please do not put pool staff in the position of having to enforce this rule, which is in place for the safety of your children.
- The use of laser pens at Bruin Woods is not allowed. They have come to be a disruption in the program groups, at camp wide events, staff shows and during meal periods.
- Also, please remind your child not to point their flashlights at the stage during the shows.

SAFE

A safe is located in the closet of your condolet. Instructions to use the safe:

**To Lock:** Close the door, enter a 4-6 digit code of your choice, then press #.

**To Open:** Enter your preselected code and press #.

SECURITY

Security is onsite from 8:00 p.m. to 2:00 a.m. nightly. Our security personnel is here keeping our property safe as well as assisting you with any requests. Please be courteous and respectful of security enforcing rules for your safety and the safety of others.

SOFTBALL

Softball is played on the field past the amphitheater. Rules are posted at the softball field and the Athletic Director will explain them before each game. Bats, mitts, and helmets are available at the field.
**Over the Line** – Great warm-up for our softball games at Bruin Woods. Don’t miss this awesome spin on traditional softball.

**Teen/Grizzly/Sloth vs. Staff Softball Game** – On Sunday, teenagers have their own chance to beat the staff. At the same time, adult guests can scout the staff talent. The Teen/Grizzlies are always a talented group of young athletes. The student staff readily accepts the challenge and will be prepared!

**Annual Rivalry Softball Game** – This game serves as a prelude to the **Wednesday Championship Rivalry Game**. All guests are assigned to teams, and team captains will be chosen to organize each team. These games allow all guests a chance to play and focus more on teams than individual players. Come out and have a great time! Eligible players are Teens, Grizzlies, Sloths and Adults. Get behind your teams, have fun and may the best team win!

**NOTE:** Players must play in either the Monday or Wednesday Rivalry Game to be eligible to play in the Guest/Staff game on Friday.

**Guest All-Stars vs. Staff Softball Game** – On Friday afternoon, the all-star guest team meets the staff in a favorite annual showdown where the best of the guests try to best the staff team. This major competition is always just as much fun for the spectators as it is for the players. This is a camp wide activity, so come join us! We will have fun games for the kids and a “Bear Garden” for adults!

**SPECIAL DIETARY NEEDS**

UCLA understands the concerns of our guests with special dietary needs. The UCLA staff is able to safely and reasonably guide and accommodate them. For those of our guests with gluten allergies, we need to let you know that we do not have a gluten free certified kitchen and cannot eliminate the risk of cross-contact. In addition, the possibility that manufacturers of the commercial foods we use could change the formulation at any time without notice also exists. We will have detailed information about our daily menus available upon your arrival at Bruin Woods. Our goal is for you to have a great dining experience throughout your stay with us. Please don’t hesitate to contact any of our dining leads or the supervisor if you have any other questions.

**STAFF SHOWS**

Here at Bruin Woods, we pride ourselves on talent and entertainment, and this year we are sure to succeed in capturing even the most skeptical of audiences. We will offer two shows preceded by campfire singing this week.

Starting the week off right, we take the Opening Show as a traditional way of introducing you all to the staff. Join us for a delightfully entertaining evening Saturday night as the staff performs “The Parable of the Pooh Bears”, written by our very own Hannah Connery and Jake Dvorsky. Friday night will begin with performances by children’s groups and a camp awards presentation. Finishing off your week, the closing show, “Camp Court: The Case of the Frozen Counselors” also written by Hannah and Jake, and will fill your hearts and memories with Bruin Woods spirit until next summer!

**Please, no flashlights pointed at the stage during the shows – Thank you. **
STARGAZING AT THE ZEN DECK

Sit and enjoy the mountain sky with your loved ones Tuesday at 9:30 p.m. We encourage you to borrow a blanket from the front desk and enjoy the beautiful skies of Lake Arrowhead during this informal event.

SURVIVAL GAMES - Adults only – Sunday Night

On Sunday night, enjoy an evening of mind bending trivia games in Pineview – a favorite for Bruin Woods adults. All participants will be divided into four groups, which will each participate in four activities. How well you do and how you work together is often humorous and innovative. Guaranteed to be a night of laughter and fun!

SWIMMING POOL

Enjoy our fabulous 2,750-square foot pool and the adjacent children’s pool, which is only 18” deep for the little ones! Lap swim (only) is from 6:00 a.m. to 8:00 a.m. each morning (there is no lifeguard on duty). At 9:30 a.m. we will take out all but one lane line and have general swimming, children’s pool time and aqua fitness. At 12:00 noon, we will take out all lane lines, install the depth marker lane and re-open for Free Swim activities – swimming, diving board and water play. Guests may use their room key to get into the pool area.

Lap Swim hours are from 6:00 a.m. to 8:00 a.m.

Pool hours are from 9:30 a.m. – 12:30 p.m. and 1:30 p.m. – 6:00 p.m.

The water temperature is set between 80-84 degrees, and it generally averages 82 degrees. The temperature will drop overnight but will increase with the mid-day sun. We ask you to please shower before entering the pool (REMINDER: Bring your own beach towel, please do not take towels out of your room). There are American Red Cross Certified Lifeguards on duty at all times when the pool is open. Children may not swim without a lifeguard present. On Thursdays, we have scheduled “The Dive In”, a night swim with a movie for a fun family time at the pool. You’ll enjoy the starry night, the pool lights, the companionship and relaxation! Also, returning to the program this year – Water Zumba!

We require parents of non-swimming children who are not with their counselors to accompany them in the pool during Free Swim. You may also arrange a private swimming lesson if you wish with the pool staff. Please do not use floaties on the little ones.

We encourage you to work toward membership in one or both of our swim clubs. The SUNRISE SWIM CLUB is for guests who make it to the early morning lap swim for 5 days out of 6, and the MILE SWIM CLUB for those who swim at least one mile in the Bruin Woods pool – that’s 72 lengths.

Please use lane etiquette during lap swim hours:
1. Each lane is designed for up to four swimmers.
2. Enter the pool when the swimmer before you is several yards away.
3. Swim counterclockwise in the lane. Go down the right side of the lane.
4. Rest at the beginning of a length so that swimmers coming to the end of a length can make turns.
5. For best results, choose the lane with swimmers who swim at your speed.
6. Show courtesy for other swimmers when using broad strokes.
7. 1 length = 25 yards  72 lengths = 1 mile

JACUZZI

In the pool cabana, you’ll find our Jacuzzi heated to 102 degrees and open from 9:00 a.m. to 12:00 midnight every day. Your room key will open the gate and Jacuzzi door after the pool is closed. Don’t forget to bring your beach towel so you can dry off. **Use of the Jacuzzi is limited to those in the Teen group and older.** Please use caution if you have chronic heart disease or are pregnant since using the Jacuzzi with these conditions can be dangerous. We suggest that you do not use the Jacuzzi alone. Be sure you close the gate and door securely after leaving.

TENNIS

**Tennis Courts** – There are four tennis courts at Bruin Woods. Courts #1 and #2 are nearest the pool, and courts #3 and #4 are nearest the lake (court #4 doubles as the basketball court, which also requires a reservation). Tennis court reservation sheets are located on the athletics wall in the Pineview hallway. We sign up one day at a time – you may sign up for a time slot after noon the previous day. At 15 minutes after the hour, empty courts are considered free for walk-ons. Enjoy **Liveball Tennis** on Sunday & Friday mornings and the **Tennis Round Robin** on Tuesday morning! Sign up on Saturday night for these events on the tournament board. Make sure to drink plenty of water to stay hydrated!

TOURNAMENTS

Self-administered tournaments are organized from the sign-up sheets, which are posted in the upstairs hallway of the main lodge. Find your opponent (using the picture board in the Pineview Hallway or their room number), and then schedule a match with him/her. The 1st round of tournament play must be completed by Tuesday, the 2nd round by Thursday, and the Championship Match by 4:00 p.m. Friday. Winners of each round write their names on the tournament ladder posted in the upstairs hallway of the main lodge. Unless otherwise posted, tournaments are for adults. Most tournament participation at Bruin Woods is only mildly competitive, so you will probably feel more comfortable using this activity as a way to make new friends. If you haven’t played one of the games in a while and if you are unsure of the rules, or if you develop a point of contest with your opponent, consult Athletic Director John Gordon.

VOLLEYBALL

We have “Just for Fun” volleyball games for those of you who love volleyball; just show up at the court at the designated time, and we’ll divide up teams.

Want to challenge the staff to a game? Meet on the court on Monday for our annual Guest vs. Staff Volleyball game. We also have our night volleyball game, Thursday at 8:30 p.m.
WAVELENGTH! THE GAME

This thrilling party game provides an exciting mixture of Taboo! and Charades while challenging your mind to be on the same ‘wavelength’ as your team members. As a favorite among the Bruin Woods staff, we cannot wait to share this game of strategy, wit and brainpower with all of you! This program is not to be missed!

WEEKLY BANNERS

Each week we will be auctioning off the banner at the amphitheater with your week’s number on it. All proceeds from this auction will go to the UCLA Mountain Bruins Club, Lake Arrowhead’s UCLA Alumni Chapter. These proceeds will support scholarships for Rim of the World High School graduates planning on attending UCLA. Auctions will occur “silently” on the sheet at the Honor Bar and high-bidders will be announced Saturday morning at breakfast. This year, mini-banners will be awarded to the next highest four bidders.

WILD ANIMALS

In the interest of safety, we want to inform you that some wild animals, such as coyotes, raccoons, squirrels, etc., may seem tame but sometimes may be a bit more aggressive than expected. We strongly urge all guests to keep away from the animals. Don’t feed them, don’t pet them, and don’t encourage familiarization with humans. They are certainly cute and can be engaging, but it is imperative for their safety as well as your family’s well-being that you follow this advice. Please let the front desk know if you encounter any aggressive animals.

WINE TASTING

Our Bring Your Own (BYO) wine tasting event on the Zen Deck takes place Tuesday afternoon. Bring your own bottle of wine and we will bring the glasses, crackers, cheese, and ambience for an afternoon of fun in the sun. No guests under 21 are permitted at this event, including infants.

WITS & WAGERS

You don’t need to know the answers to love this party game! All you need to do is guess on the answer you think is closest. Join us in Lakeview on Saturday for a game that is sure to have you laughing!

ZEN DECK

Come check out the Zen Deck, located on the highest point of our property and capture a breathtaking panoramic view of the lake and surrounding national forest. Enjoy wine tasting, yoga, bird watching, book reading, or experience the serenity of the lake while feasting your eyes on the beauty around you.
Have you ever wondered what it takes to get hired as a Bruin Woods Student Staffer? The process is a long but fun one. This year we had over 250 applicants of unmatched caliber apply for 54 positions! It was an amazing applicant pool!

We have a 7 person recruitment team comprised of past Bruin Woods Staff that flyer on Bruin Walk, seek out student groups, do row walks, talk in dorms and wear bright Bruin Woods shirts to really hype this opportunity!

Each new staffer went through the following process:

1. Completed an extensive application that really highlights the talent they can bring.

2. Attended one of four group interview sessions of 50-60 people to see which students embody the Bruin Woods Spirit.

3. For those selected to move on, the students are then invited to an individual interview. (We sat through over 100 fifteen minute interviews!) Students may be asked to sing or dance on the spot if they said they had talent on their applications!

4. Through this process the 54 students are selected.

For previous staff wishing to return to Bruin Woods, they must fill out an application and their performance and enthusiasm from the previous summer serves as their interview.

Don’t Forget To Follow Us On Social Media!

Facebook: @uclabruinwoods
Instagram: @uclabruinwoods

HAVE A GREAT WEEK, GO BRUINS!
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